

Day	Time	Class	Teacher	PILATES CLASSES TERM						Wks this term	To Pay
				24th February - 4th April							
MON	09.15-10.10	Mixed Level	Laura	24-Feb	03-Mar	10-Mar	17-Mar	24-Mar	31-Mar	6	£66.00
	10.20-11.15	Mixed Level	Laura	24-Feb	03-Mar	10-Mar	17-Mar	24-Mar	31-Mar	6	£66.00
	11.30-12-.25	Chair Class	Laura	24-Feb	03-Mar	10-Mar	17-Mar	24-Mar	31-Mar	6	£66.00
TUE	10.00-10.55	Mixed Level	Charlotte	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr	6	£66.00
	11.15-12.10	Back care / Beginners	Charlotte	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr	6	£66.00
	18.15-19.10	Mixed Level	Mel	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr	6	£66.00
WED	9.30-10.25	Mixed Level	Charlotte	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr	6	£66.00
	17.45-18.40	Improvers/Beginners	Liz	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr	6	£66.00
	18.50-19.45	Mixed Level	Liz	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr	6	£66.00
THU	9.20-10.15	Beginners	Laura	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	6	£66.00
	10.30-11.25	Chair Pilates	Laura	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	6	£66.00
	11.45-12.40	Small Equipment Class	Laura	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	6	£66.00
	19:00-19:55	Intermediate Level	Charlotte	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	6	£66.00
FRI	09.00-09.55	Mixed Level	Katy	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	6	£66.00

Please book online via GymCatch <https://gymcatch.com/app/provider/625/events>

Pick and Mix Bundle Special Offer 12 Classes for £110 (Cannot be used for course bookings pick and mix classes only)

(Valid for 12 weeks from date of purchase and can be used across our term and holiday timetables)

Drop in Classes £13

Want the same class every week? Book it under a Course on GymCatch

Please note 24 hours notice is required to cancel and receive a credit

CREDITS CAN NOT BE CARRIED OVER TO THE NEXT TERM OR HOLIDAY CLASSES