



The Body Junction Price List 2025

CLASSES	Duration (Mins)		
Pilates	55	£13 a class or Bundles/Courses available e.g. 7 Classes = £77	Reception 01424 215300
Pilates - Holiday sessions	55	See website to book	Reception 01424 215300
Pilates - 1-2-1	60	£50 (or 2to1 £60)	Reception 01424 215300
Yoga Classes	60	£9 per session	Rose 01424 215300
Mamabody workshops		Contact Elena at wisemamas for more information	Elena 07490419227

Physiotherapy

Peter Butcher		Initial Assesment - £60 Repeat Appointments £50	contact Physio Reception on 01424 224164
Tracey Butcher		Initial Assesment - £60 Repeat Appointments £50	01424 224164

MASSAGE THERAPIES

Sports Massage Therapy	60	£45.00	Larry 07952 923884
Hot Stone Massage	75	£55.00	Susan 07860867321
Oncology & Breast Cancer scar care	60	£55.00	Rosie 07725237109
Pregnancy Massage	60	£50.00	Susan 07860867321
Swedish & Aromatherapy Massage	60	£55.00	Rosie 07725237109
Medical Lymphatic Drainage & Sports Massage Therapy	various	From £50	Ken 07941046187

HOLISTIC

Reflexology with Susan	45	£44.00	Susan 07860867321
Indian Head Massage	45	£40.00	Susan 07860867321
Kinesiology	60	£60.00	Miska 07507487283

Psychological Therapy

Individual Therapy Sessions	50	£120 per session	ann@drannsteele.co.uk
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Osteopathy

Coastal Body Clinics	60	Intital Consultation Adult (over 16yrs) - £60 follow up £50 Child/Baby - £50 follow up £40	Claire 07305264444 coastalbodyclinics@gmail.com
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CHIROPODY / PODIATRY

Nail cutting & foot massage	Various	£30.00	Linda 07715503884
General foot treatment	Various	£35.00	Linda 07715503884
Home visits available	Various	Location dependant £50-60	Linda 07715503884
Nail Surgery	Various	£400-500 call to discuss	Linda 07715503884
Other treatments available	Various	Please call to discuss	Linda 07715503884

ACUPUNCTURE

TCM Acupuncture (Traditional Chinese Medicine)	90	Initial Consultation & Treatment £70 1hr 20mins (Then £55 50min follow ups), plus a multi-bed clinic option £35 and packages	Eleanor 07779 006821 acupuncturesoutheast.co.uk
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LASER & SKIN SPECIALIST

Laser Skin treaments, Skin Tag/Blemish Removal, Skin Peels, Microneedling and more	Various	Visit Kimberleys website for upto date prices and to book www.sussexskinandlaser.co.uk	Kimberley 07918010852 info@sussexskinandlaser.co.uk
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Vouchers available to purchase contact us on 01424215300 or thebodyjunction@gmail.com
Prices subject to change please contact therapists direct