

Day	Time	Class	Teacher	PILATES CLASSES TERM								Wks this term	To Pay
				3rd June - 19th July									
MON	09.15-10.10	Mixed Level	Laura	03-Jun	10-Jun	17-Jun	24-Jun	01-Jul	08-Jul	15-Jul	7	£77.00	
	10.20-11.15	Mixed level	Laura	03-Jun	10-Jun	17-Jun	24-Jun	01-Jul	08-Jul	15-Jul	7	£77.00	
	11.30-12.25*	New Chair class	Laura	03-Jun	10-Jun	17-Jun	24-Jun	01-Jul	08-Jul	15-Jul	7	£77.00	
TUE	10:00-10:55	Mixed Level	Charlotte	04-Jun	11-Jun	18-Jun	25-Jun	02-Jul	09-Jul	16-Jul	7	£77.00	
	11:10-12:05	Back Care/ Beginners	Charlotte	04-Jun	11-Jun	18-Jun	25-Jun	02-Jul	09-Jul	16-Jul	7	£77.00	
	18:15-19:10	Mixed Level	Mel	04-Jun	11-Jun	18-Jun	25-Jun	02-Jul	09-Jul	16-Jul	7	£77.00	
WED	09:30-10:25	Mixed Level	Charlotte	05-Jun	12-Jun	19-Jun	26-Jun	03-Jul	10-Jul	17-Jul	7	£77.00	
	17:45-18.40	Beginners	Liz	05-Jun	12-Jun	19-Jun	26-Jun	03-Jul	10-Jul	17-Jul	7	£77.00	
	18:50-19:45	Mixed Level	Liz	05-Jun	12-Jun	19-Jun	26-Jun	03-Jul	10-Jul	17-Jul	7	£77.00	
	19.45-20.45*	Mixed Level	Liz	05-Jun	12-Jun	19-Jun	26-Jun	03-Jul	10-Jul	17-Jul	7	£77.00	
THU	09:20-10:15	Beginners	Laura	06-Jun	13-Jun	20-Jun	27-Jun	04-Jul	11-Jul	18-Jul	7	£77.00	
	10:30-11:25	Chair Pilates	Laura	06-Jun	13-Jun	20-Jun	28-Jun	04-Jul	11-Jul	18-Jul	7	£77.00	
	11:45-12:40	Chair Pilates	Laura	06-Jun	13-Jun	20-Jun	29-Jun	04-Jul	11-Jul	18-Jul	7	£77.00	
	19:00-19:55	Mixed Level	Charlotte	06-Jun	13-Jun	20-Jun	30-Jun	04-Jul	11-Jul	18-Jul	7	£77.00	
FRI	09:00-09:55	Mixed Level	Katy	07-Jun	14-Jun	21-Jun	28-Jun	05-Jul	12-Jul	19-Jul	7	£77.00	

* New classes

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place

Pick and Mix Bundle Package 7 Classes for £77 or 10 class Bundle for £110 to be booked individually across all classes. Drop in Classes £13.

Class Bundles/Packages of 7 or 10 Classes are Valid for 12 weeks from date of purchase & can be used across our term & holiday timetables

Want the Same class every week? Book it under a Course on GymCatch