



The Body Junction Price List 2023

CLASSES	Duration (Mins)		
Pilates	55	£12 a class or Bundles/Courses available Classes = £70	e.g. 7 Reception 01424 215300
Pilates - Holiday sessions	55	See Website	Reception 01424 215300
Pilates - 1-2-1	60	£48.00	Reception 01424 215300
Fitness Class	45	£10 per session	Reception 01424 215300
Yoga Classes	60	£9 per session	Rose 01424 215300
Mamabody workshops		Contact Elena at wisemamas for more information	Elena 07490419227

Physiotherapy

Peter Butcher		Initial Assesment - £55 Repeat Appointments £45	contact Physio Reception on 01424 224164
Tracey Butcher		Initial Assesment - £55 Repeat Appointments £45	01424 224164

MASSAGE THERAPIES

Sports Massage Therapy	60	£45.00	Larry 07952 923884
Hot Stone Massage	75	£55.00	Susan 07860867321
Oncology & Breast Cancer scar care	60	£55.00	Rosie 07725237109
Pregnancy Massage	60	£50.00	Susan 07860867321
Swedish & Aromatherapy Massage	60	£55.00	Rosie 07725237109

HOLISTIC

Reflexology with Susan	45	£44.00	Susan 07860867321
Reiki with Helen	60	£45.00	Helen 07525004350
Indian Head Massage	45	£40.00	Susan 07860867321
Pranayama Breathwork with Helen	60	£45.00 (Group sessions available at a reduce rate)	Helen 07525004350

Psychological Therapy

Individual Therapy Sessions	50	£110 per session	ann@drannsteele.co.uk
Clinical Supervision	60	£100 per session	ann@drannsteele.co.uk

Person-Centred Counselling

Individual Therapy Sessions	50	£45 per session	Samantha 07935517624 www.allabout-you.com
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Osteopathy

Coastal Body Clinics	60	Intital Consultation Adult (over 16yrs) - £55 follow up £45 Child/Baby - £50 follow up £35	Claire 07305264444 coastalbodyclinics@gmail.com
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Naturopathic Nutritionist

Dorin Vaza	60	£ Various Prices and Packages Available. Book your Free 15 min discovery chat.	Dorin 07721384291
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CHIROPODY / PODIATRY

Nail cutting & foot massage	Various	£28.00	Linda 07715503884
General foot treatment	Various	£33.00	Linda 07715503884
Home visits available	Various	Location dependant £40-50	Linda 07715503884
Other treatments available	Various	Please call to discuss	Linda 07715503884

ACUPUNCTURE

TCM Acupuncture (Traditional Chinese Medicine)	90	Initial Consultation & Treatment £60 1hr 15mins (Then £50 45min follow ups)	Eleanor 07779 006821 acupuncturesoutheast.co.uk
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LASER & SKIN SPECIALIST

Laser Hair & Skin treaments, Facials, Skin Tag/Blemish Removal, Skin Peels, Microneedling and more	Various	Please call to discuss or visit Kimberleys website to book www.sussexskinandlaser.co.uk	Kimberley 07918010852 info@sussexskinandlaser.co.uk
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Vouchers available to purchase contact us on 01424215300 or info@bodyjunction.co.uk