



The Body Junction Price List 2022

CLASSES	Duration (Mins)		
Pilates	55	£11 a class or Bundles/Courses available e.g. 6 Classes = £60	Reception 01424 215300
Pilates - Holiday sessions	55	See Website	Reception 01424 215300
Pilates - 1-2-1 Charlotte/Daisy/Katy	60	£45.00	Reception 01424 215300
Fitness Class	45	£10 per session	Reception 01424 215300
Yoga Classes	60	£9 per session	Rose 01424 215300

MASSAGE THERAPIES

Sports Massage Therapy	60	45.00	Larry 07952 923884
Various Massages with Hayley	45 60 90	£40.00 £50.00 £70.00	Hayley 07826 744151

HOLISTIC

Reflexology with Hayley	60	£40.00	Hayley 07826 744151
Reiki with Helen	60	£45.00	Helen 07525004350
Pranayama Breathwork with Helen	60	45 (Group sessions available at a reduce rate)	Helen 07525004350
Hypnotherapy with Ann	60	Contact Ann:lotusflowerwellbeing@gmail.com	Ann 07984 268975
Neuro-linguistic programming (NLP)	60	£60.00	Ann 07984 268975

Psychological Therapy

Individual Therapy Sessions	50	£110 per session	ann@drannsteele.co.uk
Clinical Supervision	60	£100 per session	ann@drannsteele.co.uk

Osteopathy

Coastal Body Clinics	60	Intital Consultation Adult (over 16yrs) - £55 follow up £45 Child/Baby - £50 follow up £35	Claire 07305264444 coastalbodyclinics@gmail.com
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Naturopathic Nutritionist

Dorin Vaza	60	£ Various Prices and Packages Available. Book your Free 15 min discovery chat.	Dorin 07721384291
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CHIROPODY / PODIATRY

Nail cutting & foot massage	Various	£28.00	Linda 07715503884
General foot treatment	Various	£33.00	Linda 07715503884
Home visits available	Various	Location dependant £40-50	Linda 07715503884
Other treatments available	Various	Please call to discuss	Linda 07715503884

ACUPUNCTURE

TCM Acupuncture (Traditional Chinese Medicine)	90	Initial Consultation & Treatment £60 1hr 15mins (Then £50 45min follow ups)	Eleanor 07779 006821 acupuncturesoutheast.co.uk
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LASER & SKIN SPECIALIST

Laser Hair & Skin treatments, Facials, Skin Tag/Blemish Removal, Skin Peels, Microneedling and more	Various Times Prices from £30	Please call to discuss or visit Kimberleys website to book www.sussexskinandlaser.co.uk	Kimberley 07918010852 sussexskinandlaser.co.uk
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Vouchers available to purchase contact us on 01424215300 or info@bodyjunction.co.uk